Affective Domain Activity #2: Grit

Watch the following TED Talk video and read the article, "The Significance of Grit: A Conversation with Angela Lee Duckworth."

TED Talk: http://www.ted.com/talks/angela lee duckworth the key to success grit

Respond and answer the following questions using complete sentences.

- 1. Explain what Angela found about the West Point Military Academy cadets?
- 2. How does Angela Lee Duckworth define grit?
- 3. What does Angela say is the best way to build grit? What is her reason for why this works?
- 4. What does she mean by saying that "grit and talent either aren't related at all or are actually inversely related?"
- 5. In what ways are the content from the video and article related to our class?
- 6. Imagine you are talking to a friend who is thinking about giving up on an important goal. Based on Duckworth's work, what advice would you offer your friend?

Closure: You will be responding to each other either as a class discussion.

