Affective Domain Activity #6: The Secret of Effective Motivation

Read the following article: https://insights.som.yale.edu/insights/the-secret-of-effective-motivation

Read and answer the following questions:

- 1. List and define the two different types of motivation. Give an example of each.
- 2. Which type of motivation is more important for success. Why do you think this is?
- 3. In one sentence, what is the point of the article? Are you surprised by this?
- 4. Provide an example from your own life that supports the thesis of this article.
- 5. Based on this article, what advice would you give a friend who says, "My parents want me to become a lawyer because they make a lot of money, but I want to become an elementary school teacher because I love working with children and organizing activities for them"?

Closure: You will be responding to each other either as a class discussion.



