

# Affective Domain Activity #8: The Power of Introverts

Watch the following 19-minute video:

[https://www.ted.com/talks/susan\\_cain\\_the\\_power\\_of\\_introverts](https://www.ted.com/talks/susan_cain_the_power_of_introverts)

In a culture where being social and outgoing are prized above all else, it can be difficult, even shameful, to be an introvert. But as Susan Cain argues in this passionate talk, introverts bring extraordinary talents and abilities to the world, and should be encouraged and celebrated.

Write or type your response to the following:

1. How does the author define an introvert? Do you think you're an introvert, an extrovert, or an ambivert? Are you an introvert in some situations and an extrovert in others? Please explain.
2. What are some of the advantages of having an introvert in leadership?
3. Why is it important for introverts and extroverts to work together?
4. The video indicated that introverts were often celebrated in the past, but are often looked down upon in today's society? Why do you think that is?
5. If you're an introvert, what is most challenging about working with extroverts? If you're an extrovert, what is most challenging about working with introverts?

**Closure:** You will be responding to each other either as a class discussion.

